



Use your
knowledge
to drive
peak performance

Master of Sports Nutrition by Research

In this program you will develop the necessary research skills to work within a broad sports population that strives for peak fitness and elite athletic performance. Choose a topic in which application of the principles of nutrition will have a positive outcome on health, wellbeing and physical performance.

Develop high level critical thinking, independent research capabilities, and organisational skills to help you work in either clinical or research settings in the future. Examples of research topics show the calibre of work already undertaken in this program:

- Supplementation practices of elite Australian swimmers
- Validity of field based indices of sweat composition
- Factors influencing food choices of triathletes

Admission requirements

To be eligible for admission to Master of Sports Nutrition by Research candidature, applicants are normally required to hold an undergraduate degree in Nutrition and/or Dietetics or Exercise and Sports Science and have completed a diploma in sports nutrition (eg The IOC Diploma in Sports Nutrition) or have suitable industry experience, and are wishing to gain a higher degree through undertaking practice-based research.

Applicants must show that they have successfully completed or are currently enrolled in a course on research design and methodology (eg RES401 or equivalent).

Admission is subject to availability of appropriate supervision and facilities.

MORE INFORMATION

Contact the International Office
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+61 7 5430 2843

usc.edu.au/sc844 | CRICOS code: 066893A

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 2 December 2021
Note: Study options and semester of offer can vary depending on the study location. For full details, visit usc.edu.au.

PROGRAM STRUCTURE

As a candidate you are required to conduct research that can be written up as a scholarly thesis.

You must demonstrate research competency and the ability to make a significant and original contribution to the body of knowledge in your chosen area of specialisation.

You must clearly articulate in the research outline, the topic, background, rationale, research question, aim and objectives, methodology, research methods and techniques, and timeframe.

Your research outline is to include a literature review that relates to the research question and objectives.

The results of your research activities should be presented succinctly and accurately and as necessary could be supported by more detailed annexures.

Your syntheses analysis and discussion must clearly focus on the research question and the objectives of the work.

Conclusions and recommendations must be drawn from your analysis and discussion and reflect the attainment of the aim and the way in which the research question is addressed.