Master of
Sports Nutrition by Research

UniSC

LOCATION	START
Sunshine Coast	
Fraser Coast	
Gympie	
Caboolture	

Use your knowledge to drive peak performance. In this program you will develop the necessary research skills to work within a broad sports population that strives for peak fitness and elite athletic performance.

In this program you will:

- Develop high level critical thinking, independent research capabilities, and organisational skills to help you work in either clinical or research settings in the future
- Choose a research topic in which application of the principles of nutrition will have a positive outcome on health, wellbeing and physical performance.
- Explore research topics already undertaken including: Supplementation practices of elite Australian swimmers, Validity of field-based indices of sweat composition, Factors influencing food choices of triathletes

Career opportunities

- Consultant to sports federations
- Professional sports clubs
- Elite athlete consultancy
- Food industry
- State and federal health
- Education
- Private business

CRICOS Code
066893A

Duration
2 years
Only a full-time option is available to international students on a Student visa. Online programs are not available to Student visa holders.

Indicative 2025 fees
A$31,030
Annual fee

Tuition fees are reviewed each calendar year. The fee you must pay for a given teaching period is that which has been approved by UniSC for the calendar year in which the teaching period commences

Delivery mode
internal, external #,

UniSC program code
SC844

Program structure

A Higher Degree by Research (HDR) is a supervised research program that requires undertaking original research, resulting in a thesis, or a thesis and exegesis.

During the Master by Research program, Master by Research candidates are required to achieve several milestones that relate to their research training.

Milestones are program requirements and periodic assessments of candidature progression. Milestones are distributed throughout HDR candidature providing structure and mechanism for regular review and feedback on progress towards both the research project and attainment of the University's Research Graduate Attributes.

In addition to HDR program milestones, some candidates may also have:

- project milestones (such as external progress reports to third party funding providers) that they are required to contribute to; and
- scholarship conditions as specified in their scholarship conditions document
- Coursework (discuss with your proposed supervisor prior to applying)

usc.edu.au/sc844

Information on HDR milestones is available in the UniSC Higher Degree by Research Candidature Progression - Guidelines.