



Use your
knowledge
to drive
peak performance

Master of Sports Nutrition by Research

In this program you will develop the necessary research skills to work within a broad sports population that strives for peak fitness and elite athletic performance. Choose a topic in which application of the principles of nutrition will have a positive outcome on health, wellbeing and physical performance.

Develop high level critical thinking, independent research capabilities, and organisational skills to help you work in either clinical or research settings in the future. Examples of research topics show the calibre of work already undertaken in this program:

- Supplementation practices of elite Australian swimmers
- Validity of field based indices of sweat composition
- Factors influencing food choices of triathletes

Admission requirements

To be eligible for admission to Master of Sports Nutrition by Research candidature, applicants are normally required to hold an undergraduate degree in Nutrition and/or Dietetics or Exercise and Sports Science and have completed a diploma in sports nutrition (eg The IOC Diploma in Sports Nutrition) or have suitable industry experience, and are wishing to gain a higher degree through undertaking practice-based research.

Applicants must show that they have successfully completed or are currently enrolled in a course on research design and methodology (eg RES401 or equivalent).

Admission is subject to availability of appropriate supervision and facilities.

LOCATIONS

Sunshine Coast
Caboolture
Fraser Coast
Gympie

DURATION

1.5 years full time, 3 years part time.

COMMENCE

students can apply and start throughout the year, subject to program requirements

MORE INFORMATION

Contact Student Central
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usc.edu.au/sc844

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 2 December 2021
Note: Study options and semester of offer can vary depending on the study location. For full details, visit usc.edu.au.

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Rise, and shine.