



Understand **people** and help improve their wellbeing

Bachelor of Social Science (Psychology) / Bachelor of Counselling

Explore the human mind and learn the skills to promote mental and emotional wellbeing with a dual degree in psychology and counselling. This program gives you in-depth knowledge on the science and applications of psychology, along with a strong foundation in counselling theory and skills.

In this program you will:

- Study the core areas of psychological science, including human development, cognitive perception, personality, learning, and abnormal psychology
- Learn about the range of scientific methods, analyses and ethical standards used in psychological research
- Gain a thorough understanding of counselling theories and skills, and how to use them in diverse and multicultural workplaces and communities
- Develop skills in cognitive behaviour therapy, personal and relational empathy, positive psychology, family counselling and responding to crisis, trauma and loss
- Work in the community through two counselling placements, working with multidisciplinary teams across a range of human services agencies

Career opportunities

Disability support, community health, research, telephone counselling, working with individuals, families and groups, non-government organisations, government departments, in youth work, welfare work, child protection, corrections, aged services,

community development, education, mental health, and administration of counselling services.

Graduates can also complete further study to become a registered psychologist, a registered counsellor, a clinical psychologist or pursue an academic career.

Accreditation

This program is designed to meet the national accreditation requirements for The Australian Psychology Accreditation Council (APAC), The Australian Counselling Association (ACA), the Psychotherapy and Counselling Federation of Australia (PACFA).

MORE INFORMATION

Contact the International Office
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usc.edu.au/ar302 | CRICOS code: 096000F

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 28 October 2021
Note: Study options and semester of offer can vary depending on the study location. For full details, visit usc.edu.au.

PROGRAM STRUCTURE

Psychology courses

Introductory courses (3) 36 units

- PSY100** Introduction to Psychology A
- PSY101** Introduction to Psychology B
- PSY102** Current Directions in Psychology

Developing and Graduate courses (14) 168 units

- PSY200** Research Methods in Psychology A
- PSY201** Research Methods in Psychology B
- PSY202** Physiological Psychology
- PSY203** Introduction to Human Development
- PSY204** Social Psychology
- PSY205** Motivation and Emotion
- PSY300** Advanced Methods in Psychology
- PSY301** Cognitive and Perceptual Psychology
- PSY302** Intercultural and Indigenous Psychologies
- PSY303** Personality and Assessment
- PSY304** Human Associative Learning
- PSY305** Abnormal Psychology
- PSY306** Psychology of Health and Wellbeing
- PSY307** Adult Development and Ageing

Counselling courses

Introductory courses (5) 60 units

- CRM101** Introduction to Criminology
- COU101** Theories of Counselling: From Freud to Integrative Practice
- COU176** Group Processes and Practice
- COU180** Therapeutic Communication Skills
- SCS130** Introduction to Indigenous Australia

Developing and Graduate courses (10) 120 units

- COU200** Cognitive Behaviour Therapy: Skills and Applications
- COU265** Strengths Based Counselling: Collaborative Approaches
- COU300** Counselling for Crisis, Trauma and Loss
- COU301** Positive Psychology for Counselling
- COU361** Counselling Development and Supervision 1
- COU362** Counselling Development and Supervision 2
- COU363** Counselling Placement 1
- COU364** Counselling Placement 2
- COU381** Developmental and Family Counselling
- SWK278** Ethics, Law and the Helping Professions

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.