

Share your love of **outdoor** recreation and nature with others



Bachelor of Recreation and Outdoor Environmental Studies

Help people experience the joy of nature and promote active lifestyles.

The first of its kind in Queensland, this program teaches you the skills to work with people, engaging them in more active lifestyles and helping them to connect with and appreciate nature. This program gives you a broad, versatile education in health and physical education, outdoor environmental studies, and sports coaching.

In this program you will:

- attend more than 25 outdoor environmental studies fieldwork days in the Sunshine Coast area, including Fraser Island.
- study an innovative four-course minor culminating with an expedition and leadership experiences.
- learn to coach a range of sports, recreational activities, adventure activities, and outdoor environmental education activities and develop your expertise in experiential, active learning and teaching strategies.
- become equipped with the skills, knowledge, and experience to journey safely with participants in a range of natural environments and to study the relationships that humans have with nature.
- tailor your studies to your personal interests and career ambitions by selecting from a wide range of elective courses in complementary areas such as tourism,

leisure and event management, restoration and conservation, indigenous studies, marine science or sustainability.

Post-admission requirements

Students need to be aware of the physical components and location requirements of the program. If they have a disability, medical condition or any concerns that may affect their potential participation in some of the practical components of the program, they are invited to discuss their options with the program coordinator.

Career opportunities

As a graduate, you can pursue work with secondary schools, private colleges, outdoor/environmental education centres, universities or private companies/businesses.

- Outdoor leader
- Outdoor guide
- Sports coach
- Outdoor recreation officer
- Environmental interpretation guide
- Adventure tourism guide
- Ecotourism guide

Membership

Potential registration with the National Outdoor Recreation Leadership Scheme.

MORE INFORMATION

Contact the International Office
study@usc.edu.au
+61 7 5430 2843

usc.edu.au/ed312 | CRICOS code: 094768G

University of the Sunshine Coast | CRICOS Provider Number: 01595D | Correct as at 23 October 2021
Note: Study options and semester of offer can vary depending on the study location. For full details, visit usc.edu.au.



Rise, and shine.

PROGRAM STRUCTURE

Introductory courses (4) 48 units

EDU119 English Language and Literacy
OES100 Outdoor Living and Travel Skills
OES101 Foundations of Outdoor Environmental Studies
SPX102 Introduction to Coaching Science

Health and Physical Education major (8) 96 units

HLT100 Anatomy and Physiology
SPX101 Introduction to Sport and Exercise Science
NUT212 Principles of Nutrition
OES240 Leading Groups in Outdoor Environments
SPX231 Motor Control and Learning
OES300 Outdoor Environmental Expeditions
OES301 Leading Coastal Environmental Studies
NUT300 Nutrition for Health and Exercise

Minor courses (4) 48 units

Environmental Management
Indigenous Studies
Marine Science
Restoration and Conservation
Sustainability

Elective courses (8) 96 units

Select 8 elective courses (96 units) from the undergraduate elective course options.

If you wish to use your electives to complete 4 courses in a discipline that links to a secondary school subject (e.g. English), you will need to choose only one 100-level course in your list of 4 courses to be eligible to use these as a teaching area.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.