

Bachelor of Nutrition



LOCATION

Sunshine Coast

START

Semester 1, Semester 2

Get involved with food and a constantly evolving scientific field. This is a hands-on program specially designed for industry application, teaching the science behind food and the way the human body uses it.

In this program you will:

- Learn how to make food for people with different dietary needs
- Learn about food preparation, processing and preservation
- Cook in our specialised teaching kitchen
- Gain industry experience in a work placement
- Specialise in a range of minors, including public health nutrition, sport and exercise, agriculture and aquaculture, Indigenous studies, or social media

Career opportunities

- Food service and menu support
- Community nutrition
- Nutrition policy development
- Public health nutrition
- Health promotion
- Nutrition journalism
- Nutrition marketing and support for food industry
- Corporate nutritionist
- Researcher
- Sport and exercise nutrition
- Public relations

Program structure

Introductory courses (7) 84 units

LFS103 Introductory Bioscience
LFS112 Human Physiology
NUT101 Introduction to Nutrition
NUT102 Food in Society
PUB112 Public Health Foundations
SCI105 Introductory Chemistry
SCI110 Science Research Methods

Developing courses (6) 72 units

LFS203 Integrated Physiology
LFS251 Biochemistry
NUT201 Food Studies
NUT205 Public Health Nutrition
NUT212 Principles of Nutrition
NUT232 Nutritional Biochemistry

CRICOS Code
061658G

Duration
3 years

Only a full-time option is available to international students on a Student visa. Online programs are not available to Student visa holders.

Indicative 2025 fees
A\$26,750

Annual fee

Tuition fees are reviewed each calendar year. The fee you must pay for a given teaching period is that which has been approved by UniSC for the calendar year in which the teaching period commences

Recommended prior study
English; General Maths, Maths Methods or Specialist Maths; at least one science subject

Delivery mode
Blended Learning,

Total courses
25

Total units
288

UniSC program code
SC354

usc.edu.au/sc354

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If you were issued a UniSC Letter of Offer, it will specify your study location and teaching period of offer. Study options and teaching period of offer can vary depending on the study location. For full details, visit usc.edu.au.

Graduate courses (6) 60 units

NUT300 Nutrition for Health and Exercise
NUT303 Food, Nutrition and Menu Design
NUT304 Nutrition Practicum
NUT305 Food and the Consumer
NUT306 Nutrition Communication(6 units)
NUT307 Nutrition Education(6 units)

PLUS select 1 minor (48 units) from:

Exercise and Sport
Indigenous Health and Wellbeing
Public Health Nutrition
Social Media
Sustainability

*With the approval of the Program Coordinator, students may replace a minor with a study component deemed to be equivalent commenced or completed at another university or comparable tertiary institution.

Required courses from a specified list:

Select a total of 12 units from:

LFS303 Pathophysiology
NUT333 Health Research Design
SWK251 Working with First Nations Peoples and Multicultural Communities

Students seeking entry into the Master of Dietetics (Sports Nutrition) will need to select NUT333

Required courses from a specified list:

Select a total of 12 units from:

PUB205 Food Safety Laws and Regulations
PUB272 Healthy Public Policy and Advocacy
SPX211 Exercise Physiology I

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.

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