



# Help people

with their mental health  
and emotional wellbeing

## Bachelor of Counselling

The program is designed to give you the skills to become a professionally accredited counsellor. You will be equipped with a range of counselling knowledge and skills to work ethically with clients who seek help.

Explore counselling theories and skills, positive psychology, communication and relationships, family counselling and crisis intervention, grief and loss and cultural diversity. Choose electives to link with areas that will expand your career options.

Our counselling staff are registered counsellors and qualified clinical supervisors. You will have hands-on experience within the community in two placements approved by the University, working a total of 500 hours. A Blue Card (CCYPCG) is required — refer to Program requirements.

### Career opportunities

Counselling individuals, families and groups, mental health, aged services, child protection, disability services and a range of human services.

### Accreditation

The Bachelor of Counselling has been accredited by the Australian Counselling Association (ACA), Psychotherapy and Counselling Federation of Australia (PACFA). Following successful completion of the degree you can apply for membership to ACA and or PACFA.

**MORE INFORMATION**  
Contact the International Office  
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+61 7 5430 2843



[usc.edu.au/ar375](http://usc.edu.au/ar375) | CRICOS code: 074094K

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Note: Study options and semester of offer can vary depending on the study location. For full details, visit [usc.edu.au](http://usc.edu.au).



## PROGRAM STRUCTURE

### Introductory courses (7) 84 units

**CRM101** Introduction to Criminology  
**COU101** Theories of Counselling: From Freud to Integrative Practice  
**COU176** Group Processes and Practice  
**COU180** Therapeutic Communication Skills  
**PSY100** Introduction to Psychology A  
**PSY101** Introduction to Psychology B  
**SCS130** Introduction to Indigenous Australia

### Developing and Graduate courses (13) 156 units

**COU200** Cognitive Behaviour Therapy: Skills and Applications  
**COU265** Strengths Based Counselling: Collaborative Approaches  
**COU300** Counselling for Crisis, Trauma and Loss  
**COU301** Positive Psychology for Counselling  
**COU361** Counselling Development and Supervision 1  
**COU362** Counselling Development and Supervision 2  
**COU363** Counselling Placement 1  
**COU364** Counselling Placement 2  
**COU381** Developmental and Family Counselling  
**PSY203** Introduction to Human Development  
**SCS225** Social Research  
**SCS290** Understanding Cultural Diversity  
**SWK278** Ethics, Law and the Helping Professions

### Elective courses (4) 48 units

Select 4 elective courses (48 units) from the undergraduate elective course options. Of these electives 1 course(12 units) must be developing or graduate level (200/300 coded).

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.