### Bachelor of

# Counselling



LOCATION	START
Sunshine Coast	Semester 1, Semester 2
Moreton Bay	Semester 1, Semester 2

Help people with their mental health and emotional wellbeing. The program is designed to provide the skills to become a professionally accredited counsellor. You will be equipped with a wealth of counselling knowledge applicable to a variety of career pathways, as well as being taught skills to work ethically with clients who seek help.

In this program you will:

- Explore counselling theories and skills, positive psychology, communication and relationships, family counselling and crisis intervention, grief and loss and cultural diversity
- Learn with like-minded peers at either our Sunshine Coast or Moreton Bay campuses, delivered by blended learning

#### Career opportunities

- Counsellor
- Aged services
- Child protection
- Addiction Services
- Disability services
- · Families and groups
- Mental health
- Range of human services

#### Accreditation

The Bachelor of Counselling has been accredited by the Australian Counselling Association (ACA), Psychotherapy and Counselling Federation of Australia (PACFA), Following successful completion of the degree you can apply for membership to ACA and or PACFA.

## Program structure

Introductory courses (8) 96 units

ART100 Communicating Your World: Research and Communication in HASS

COU100 Counselling for Addiction Disorders

COU101 Theories of Counselling: From Freud to Integrative Practice

COU176 Group Processes and Practice

COU180 Therapeutic Communication Skills

PSY100 Introduction to Psychology A

PSY101 Introduction to Psychology B

SCS130 Introduction to Indigenous Australia

Developing courses (8) 96 units

COU200 Cognitive Behaviour Therapy: Skills and Applications

COU201 Counselling Children and Youth

COU202 Counselling Integrative Practice

#### usc.edu.au/ar375

Tuition fees are reviewed each calendar

Indicative 2025 fees A\$26.750

Student visa holders

**CRICOS Code** 

074094K

Duration

3 years

year. The fee you must pay for a given teaching period is that which has been approved by UniSC for the calendar year in which the teaching period commences

Only a full-time option is available to international students on a Student visa

Online programs are not available to

Recommended prior study English

Delivery mode Blended Learning

Total courses

24

Total units 288

UniSC program code AR375

COU265 Strengths Based Counselling: Collaborative Approaches PSY203 Introduction to Human Development SCS225 Social Research

SCS290 Understanding Cultural Diversity

SWK278 Ethics, Law and the Helping Professions

Graduate courses (6) 96 units

COU300 Counselling for Crisis, Trauma and Loss

COU301 Positive Psychology for Counselling

COU302 Counselling Older Australians

COU303 Counselling Placement and Development 1(24 units)

COU304 Counselling Placement and Development 2(24 units)

COU381 Developmental and Family Counselling

Note: Program structures are subject to change. Not all UniSC courses are available on every UniSC campus.