



Help others improve their **wellbeing** and create positive change in their lives

Bachelor of **Counselling** / Bachelor of **Human Services**

In everyday life, the challenges people face are shaped by the society around us, as well as the internal factors that influence individual behaviour and personality. Through integrated studies in the fields of human services and counselling, this program equips you with the skills and knowledge to understand the causes of personal and social problems, and to create positive change in people's lives.

- Learn about the nature of contemporary Australian society, including social welfare, community development, social justice, cultural diversity and mental health
- Gain an in-depth understanding of contemporary human services practice, including its grounding in critical, anti-oppressive and ethical approaches to practice with individuals, families, groups and communities
- Develop a thorough understanding of counselling theories and skills, and how to use them in diverse and multicultural workplaces and communities
- Build skills in cognitive behaviour therapy, personal and relational empathy, positive psychology, family counselling and responding to crisis, trauma and loss
- Complete two 250-hour professional placements in human services agencies, working with multidisciplinary teams across a range of counselling and other roles

Career opportunities

A wide range of government and non-government human services including community health, telephone counselling, working with individuals, families and groups, disability support, government departments, youth work, welfare work, child protection, corrections, aged services, community development, mental health, administration of counselling services, community corrections and justice, and more.

Accreditation

This program is designed to meet the national accreditation requirements for the Australian Counselling Association (ACA); and the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Community Workers Association (ACWA).

MORE INFORMATION

Contact the International Office
study@usc.edu.au
+61 7 5430 2843

PROGRAM STRUCTURE

Introductory courses (9) 108 units

CRM101 Introduction to Criminology
COU101 Theories of Counselling: From Freud to Integrative Practice
COU176 Group Processes and Practice
COU180 Therapeutic Communication Skills
SCS101 Foundations of Human Behaviour
SCS110 Australian Society: How does(n't) it work? - An Introduction to Sociology
SCS130 Introduction to Indigenous Australia
SWK100 Introduction to Social Work Practice Theories
SWK172 Introduction to Social Work and Human Services

Developing and Graduate courses (19) 240 units

COU200 Cognitive Behaviour Therapy: Skills and Applications
COU265 Strengths Based Counselling: Collaborative Approaches
SCS225 Social Research
SCS235 Social Justice, Welfare and the State
SWK200 Social Work Practice in Various Organisational Settings
SWK201 Human Services Placement 1
SWK202 Mental and Physical Health and Wellbeing
SWK251 Working with Aboriginal and Torres Strait Islander Peoples
SWK277 Working With Children, Youth and Families
SWK278 Ethics, Law and the Helping Professions
SWK286 Disability: Culture, Community and Change
COU300 Counselling for Crisis, Trauma and Loss
COU301 Positive Psychology for Counselling
COU362 Counselling Development and Supervision 2
COU364 Counselling Placement 2
COU381 Developmental and Family Counselling
SWK302 Community Development and Social Action
SWK407 Context Responsive Social Work Practice

Elective courses (4) 48 units

Select 4 elective courses (48 units) (200, 300 or 400 coded) from the undergraduate elective course options.

Note: Program structures are subject to change. Not all USC courses are available on every USC campus.