



COURSE OUTLINE

NUR111 Practice Foundations

Course Coordinator: Nicolette Bannink (nbannink@usc.edu.au) **School:** School of Nursing, Midwifery and Paramedicine

2021 | Semester 1

USC Sunshine Coast

USC Moreton Bay

USC Caboolture

USC Fraser Coast

USC Gympie

ON CAMPUS

Most of your course is on campus but you may be able to do some components of this course online.

Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.

1. What is this course about?

1.1. Description

Nursing practice is a caring discipline. You will be introduced to key nursing concepts that will prepare you to engage and practice in a variety of diverse healthcare settings. The concepts investigated in this course include communication assessment strategies and practices that are centred on patient safety, professional values, ethical and legal requirements, codes and practices. You will be incorporating evidence based practice in skill development of vital signs assessment, infection control practices and activities of daily living.

1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
ON CAMPUS			
Lecture – Online	1hr	Week 1	11 times
Tutorial/Workshop	2hrs	Week 1	8 times
Laboratory	2hrs	Week 9	5 times

1.3. Course Topics

Nursing history
Principles of therapeutic communication and patient relationships
Patient interviewing
Critical thinking
Introduction to ethical practice
Introduction to professional practice
Nursing process
Documentation
Vital signs
Patient hygiene
Personal Protective Equipment (PPE)
Nutrition and elimination

2. What level is this course?

100 Level (Introductory)

Engaging with discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Limited or no prerequisites. Normally, associated with the first full-time study year of an undergraduate program.

3. What is the unit value of this course?

12 units

4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...
1 Reflect on the regulatory and professional codes, standards and guidelines of the NMBA and the implications of these for nursing practice.	Creative and critical thinker Ethical
2 Justify through reflection effective interpersonal communication and interviewing skills used in nursing practice.	Knowledgeable Creative and critical thinker
3 Apply foundational knowledge of basic care planning and assessment in clinical nursing practice.	Creative and critical thinker
4 Implement beginning psychomotor skills and accurate documentation practices.	Knowledgeable

5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

5.1. Pre-requisites

Enrolled in Program SC017, SC391, SC392 or SC394

5.2. Co-requisites

Not applicable

5.3. Anti-requisites

HLT131

5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

6. How am I going to be assessed?

6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

6.2. Details of early feedback on progress

In the week 4 tutorial you will develop a draft of your Task 1 assessment. You will receive in-class tutor feedback on your draft.

6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Essay	Individual	25%	750 words	Week 6	Online Assignment Submission with plagiarism check
All	2a	Written Piece	Individual	15%	500 words	Week 12	Online Assignment Submission with plagiarism check
All	2b	Practical / Laboratory Skills	Individual	15%	N/A	Week 13	In Class
All	3	Examination - Centrally Scheduled	Individual	45%	2 hours	Exam Period	Exam Venue

All - Assessment Task 1: Critical reflection on personal therapeutic communication skills

GOAL:	To develop your knowledge of interpersonal communication skills and reflect on your experience of using these skills from a specific role play activity in the Week 3 tutorial. In the week 3 and 4 tutorial you will be given the opportunity to plan your essay and receive peer feedback.	
PRODUCT:	Essay	
FORMAT:	A 750 word paper which will incorporate a self-reflection and the use of relevant literature. The word count does not include your in-text referencing or reference list.	
CRITERIA:	No.	Learning Outcome assessed
	1	Quality of the self-assessment of interpersonal communication skills in the essay. 2
	2	Ability to relate and incorporate knowledge of interpersonal and therapeutic communication skills which is supported by accessing appropriately sourced quality literature. 2
	3	Cohesion and structure in written communication.
	4	Referencing style conforms to APA 7referencing style guide used by the University of the Sunshine Coast including the citation of information sources throughout the text (in-text referencing and a reference list at the end of the paper).

All - Assessment Task 2a: Written Assessment

GOAL:	Implement Check In/Check Out process at introductory level.									
PRODUCT:	Written Piece									
FORMAT:	<p>For weeks 9 and 10 you will be required to complete a weekly Check In/Check Out written assessment. The week 8 on-line tutorial will explain the process you are required to follow.</p> <p>You will be supplied with a template to complete.</p> <p>This task will assist you in preparation for future clinical placement.</p>									
CRITERIA:	<table border="1"><thead><tr><th>No.</th><th></th><th>Learning Outcome assessed</th></tr></thead><tbody><tr><td>1</td><td>Reflect on the regulatory and professional codes, standards and guidelines of the NMBA and the implications of these for nursing practice.</td><td>1</td></tr><tr><td>2</td><td>Evaluate foundational knowledge of introductory clinical and safe nursing practice.</td><td>3</td></tr></tbody></table>	No.		Learning Outcome assessed	1	Reflect on the regulatory and professional codes, standards and guidelines of the NMBA and the implications of these for nursing practice.	1	2	Evaluate foundational knowledge of introductory clinical and safe nursing practice.	3
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2	Evaluate foundational knowledge of introductory clinical and safe nursing practice.	3								

All - Assessment Task 2b: Practice Assessment

GOAL:	Implement nursing practices, peer appraisal and reflection									
PRODUCT:	Practical / Laboratory Skills									
FORMAT:	<p>In Week 13 nursing laboratory class you will be required to complete a peer reviewed assessment activity.</p> <p>This task will introduce you to the beginning practices of giving and receiving peer-based feedback on your developing clinical and assessment skills, applying documentation and assessment practices and reflecting on your developing practice.</p> <p>This assessment will be submitted in your Week 13 nursing laboratory class.</p>									
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All - Assessment Task 3: Central Examination

GOAL:																
PRODUCT:	Examination - Centrally Scheduled															
FORMAT:	Individual will attend examination as per scheduled examination timetable.															
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7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Directed study hours may vary by location. Student workload is calculated at 12.5 learning hours per one unit.

8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site– Please log in as soon as possible.

8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	PUBLISHER
Required	Berman, A, Snyder, S, Frandsen, G, Levett-Jones, T et al.(eds)	2021	Kozier and Erb's Fundamentals of Nursing.	Pearson
Required	USC	2021	NUR111 Practice Foundations Workbook Purchased from Print Services (recommended only)	USC

8.2. Specific requirements

Prior to commencing the nursing laboratory based classes in Week 9 you will be required to complete the Nursing Laboratory Induction Quiz which will be available on Blackboard.

If the laboratory session has any formal assessment item(s) associated with it, these must be completed even if you have an acceptable reason for non-attendance of that class. It is the student's responsibility to access the available resources on Blackboard to meet the learning objectives. Failure to satisfactorily complete the tutorial/laboratory work and any associated assessment items may severely impede your chances of meeting the learning outcomes of this course. You are required to wear fully enclosed shoes and uniform during all nursing laboratory classes.

All nursing laboratory classes must be attended.

9. How are risks managed in this course?

Risk assessments have been performed for all laboratory classes and a low level of health and safety risk exists. Some risk concerns may include equipment, instruments, and tools; as well as manual handling items within the laboratory. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

10. What administrative information is relevant to this course?

10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

10.2. Assessment: Additional Requirements

Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct

10.3. Assessment: Submission penalties

Late submission of assessment tasks will be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task
 - 10% (of the assessment task's identified value) for the third day
 - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task
 - A result of zero is awarded for an assessment task submitted seven days from the date identified as the due date for the assessment task.
- Weekdays and weekends are included in the calculation of days late.

To request an extension, you must contact your Course Coordinator and supply the required documentation to negotiate an outcome.

10.4. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or studentcentral@usc.edu.au.

10.5. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email studentwellbeing@usc.edu.au or call 07 5430 1226.

10.6. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email AccessAbility@usc.edu.au or call 07 5430 2890.

10.7. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website: <http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

10.8. General Enquiries

In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **USC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

Tel: +61 7 5430 2890

Email: studentcentral@usc.edu.au