



## COURSE OUTLINE

# HLT131 Practice Principles for Midwifery and Nursing

**Course Coordinator:** Kendall George (kgeorge@usc.edu.au) **School:** School of Nursing, Midwifery and Paramedicine

2021 Semester 1

USC Sunshine Coast

**ON CAMPUS**

Most of your course is on campus but you may be able to do some components of this course online.

*Please go to the USC website for up to date information on the teaching sessions and campuses where this course is usually offered.*

## 1. What is this course about?

### 1.1. Description

This course introduces you to the discipline of midwifery. You will explore the origins and foundations of the discipline and significant milestones that have shaped the way registered professionals practice in each discipline today. You will examine the theoretical, professional, legal and ethical frameworks that underpin practice. You will participate in experiential learning related to principles of practice and how you use these in beginning practice in communication, collaboration, clinical decision making and preliminary healthcare assessment.

### 1.2. How will this course be delivered?

ACTIVITY	HOURS	BEGINNING WEEK	FREQUENCY
<b>ON CAMPUS</b>			
<b>Lecture – Online</b>	1hr	Week 2	11 times
<b>Tutorial/Workshop</b>	2hrs	Week 1	8 times
<b>Laboratory</b>	2hrs	Week 9	5 times

### 1.3. Course Topics

Professional Foundations

Historical influences locally and globally

Legislation, registration and regulation

Professional and ethical practice

[Promoting and protecting women's wellness and health outcomes](#)

Communication – Personal and social

Communication – Interpersonal and interprofessional communication

Reflective Practice Connect Program

Safe Medication administration

Infection control Standard precautions

Maternal and Neonatal observations

[Postnatal care mother](#)

[Supporting the woman to feed her baby](#)

[Care of the neonate](#)

## 2. What level is this course?

100 Level (Introductory)

Engaging with discipline knowledge and skills at foundational level, broad application of knowledge and skills in familiar contexts and with support. Limited or no prerequisites. Normally, associated with the first full-time study year of an undergraduate program.

## 3. What is the unit value of this course?

12 units

## 4. How does this course contribute to my learning?

COURSE LEARNING OUTCOMES	GRADUATE QUALITIES
On successful completion of this course, you should be able to...	Completing these tasks successfully will contribute to you becoming...
1 Demonstrate a range of practices necessary for beginning clinical placement.	Empowered
2 Apply professional, ethical and legal codes and standards to practice.	Ethical
3 Critically self-appraise practice through the use of a reflective model.	Creative and critical thinker
4 Demonstrate appropriate preparation for clinical placement.	Empowered

## 5. Am I eligible to enrol in this course?

Refer to the [USC Glossary of terms](#) for definitions of “pre-requisites, co-requisites and anti-requisites”.

### 5.1. Pre-requisites

Enrolled in Program SC393. SC394

### 5.2. Co-requisites

Not applicable

### 5.3. Anti-requisites

Not applicable

### 5.4. Specific assumed prior knowledge and skills (where applicable)

Not applicable

## 6. How am I going to be assessed?

### 6.1. Grading Scale

Standard Grading (GRD)

High Distinction (HD), Distinction (DN), Credit (CR), Pass (PS), Fail (FL).

### 6.2. Details of early feedback on progress

In week 4 students will complete Task 1 which will provide early feedback on their progress within the course.

### 6.3. Assessment tasks

DELIVERY MODE	TASK NO.	ASSESSMENT PRODUCT	INDIVIDUAL OR GROUP	WEIGHTING %	WHAT IS THE DURATION / LENGTH?	WHEN SHOULD I SUBMIT?	WHERE SHOULD I SUBMIT IT?
All	1	Quiz/zes	Individual	15%	1 hour	Week 4	Online Test (Quiz)
All	2	Case Study	Individual	40%	1,000 words	Week 8	Online Assignment Submission with plagiarism check
All	3a	Practical / Laboratory Skills	Individual	25%	A 3 minute video supported by 750-word reflection	Week 12	In Class
All	3b	Written Piece	Individual	20%	750 words	Week 13	Online Assignment Submission with plagiarism check

#### All - Assessment Task 1: Quizzes

<b>GOAL:</b>	Revise key concepts introduced in the first 4 weeks	
<b>PRODUCT:</b>	Quiz/zes	
<b>FORMAT:</b>	You will complete a timed online quiz via Blackboard. The quiz will be open for 24 hours on the Friday of Week 4. You will enter the quiz area for a maximum of 1 hour and answer multiple choice and short answer questions. The questions will be based on key concepts introduced in weeks 1-4 of the course.	
<b>CRITERIA:</b>	<b>No.</b>	<b>Learning Outcome assessed</b>
	1	Demonstrate foundational knowledge and understanding of the NMBA professional guidelines and practice standards
	2	Understand the frameworks that underpin midwifery practice
	3	Assessment criteria are mapped to the course learning outcomes.

1 2 3 4

### All - Assessment Task 2: Case study

<b>GOAL:</b>	Apply foundational midwifery knowledge to a case study														
<b>PRODUCT:</b>	Case Study														
<b>FORMAT:</b>	You will choose one case study from several options provided to you on Blackboard. You will write an assignment using a critical thinking conceptual model to explore your case study. Further information will be provided via Blackboard and by your tutor.														
<b>CRITERIA:</b>	<table border="1"><thead><tr><th>No.</th><th>Learning Outcome assessed</th></tr></thead><tbody><tr><td>1</td><td>Interpret and use evidence as a basis to inform clinical practice</td></tr><tr><td>2</td><td>Demonstrate an understanding of the midwife's role in promoting and protecting women's wellness and health outcomes</td></tr><tr><td>3</td><td>Demonstrate an understanding of the importance of effective interpersonal communication skills</td></tr><tr><td>4</td><td>Apply professional, ethical and legal codes to midwifery care</td></tr><tr><td>5</td><td>Use relevant literature and critically analyse literature</td></tr><tr><td>6</td><td>Demonstrate appropriate written expression (academic writing, terminology, referencing, etc)</td></tr></tbody></table>	No.	Learning Outcome assessed	1	Interpret and use evidence as a basis to inform clinical practice	2	Demonstrate an understanding of the midwife's role in promoting and protecting women's wellness and health outcomes	3	Demonstrate an understanding of the importance of effective interpersonal communication skills	4	Apply professional, ethical and legal codes to midwifery care	5	Use relevant literature and critically analyse literature	6	Demonstrate appropriate written expression (academic writing, terminology, referencing, etc)
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### All - Assessment Task 3a: Practical / Laboratory Skills

<b>GOAL:</b>	Implement clinical practices, peer appraisal and reflection						
<b>PRODUCT:</b>	Practical / Laboratory Skills						
<b>FORMAT:</b>	<p>In Week 12 laboratory session you will be required to complete a peer reviewed assessment activity.</p> <p>This task will introduce you to the beginning practices of giving and receiving peer-based feedback on your developing clinical and assessment skills, applying documentation and assessment practices and reflecting on your developing practice.</p> <p>This assessment will be submitted in your Week 12 laboratory class.</p>						
<b>CRITERIA:</b>	<table border="1"><thead><tr><th>No.</th><th>Learning Outcome assessed</th></tr></thead><tbody><tr><td>1</td><td>Reflect on foundational knowledge of assessment and patient safety in clinical practice.</td></tr><tr><td>2</td><td>Evidence of beginning psychomotor skills and accurate documentation practices.</td></tr></tbody></table>	No.	Learning Outcome assessed	1	Reflect on foundational knowledge of assessment and patient safety in clinical practice.	2	Evidence of beginning psychomotor skills and accurate documentation practices.
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1	Reflect on foundational knowledge of assessment and patient safety in clinical practice.						
2	Evidence of beginning psychomotor skills and accurate documentation practices.						

### All - Assessment Task 3b: Written piece

<b>GOAL:</b>	The purpose of this task is to demonstrate your development of clinical skills and ability to become a reflective practitioner.
<b>PRODUCT:</b>	Written Piece
<b>FORMAT:</b>	<p>In week 12 during your laboratory session you will be provided with peer feedback on your clinical assessment skills.</p> <p>You will write a 750 word reflection, according to the structure of a Reflective Cycle, which will incorporate self-reflection and the use of relevant literature.</p> <p>This task builds on formative work throughout the semester.</p> <p>The word count does not include your in-text referencing or reference list.</p> <p>Further details will be available on the HLT131 Blackboard site.</p>

CRITERIA:	No.	Learning Outcome assessed
	1	Evidence of self-assessment and reflection of interpersonal communication skills and clinical psychomotor skills.
	2	Demonstration of knowledge of interpersonal and therapeutic communication skills
	3	Reflection on the correct mechanism of clinical skills, detailing the necessity for correct implementation of clinical skill procedures.
	4	Cohesion and structure in written communication following the reflective essay structure
	5	Sources and evidence appropriately used – according to the referencing style used by USC including citation in the essay and a reference list

## 7. Directed study hours

A 12-unit course will have total of 150 learning hours which will include directed study hours (including online if required), self-directed learning and completion of assessable tasks. Directed study hours may vary by location. Student workload is calculated at 12.5 learning hours per one unit.

## 8. What resources do I need to undertake this course?

Please note: Course information, including specific information of recommended readings, learning activities, resources, weekly readings, etc. are available on the course Blackboard site– Please log in as soon as possible.

### 8.1. Prescribed text(s) or course reader

Please note that you need to have regular access to the resource(s) listed below. Resources may be required or recommended.

REQUIRED?	AUTHOR	YEAR	TITLE	PUBLISHER
Required	Johnson, Walker, de-Vitry Smith & Bayes	2016	Skills for midwifery practice: Australia and New Zealand edition	Elsevier
Required	Pairman, Pincombe, Thorogood & Tracey (eds)	2019	Midwifery: preparation of practice	Elsevier, Sydney
Required	Leap & Hunter	2016	Supporting women for labour and birth: a thoughtful guide	Routledge

### 8.2. Specific requirements

Students are advised that if the laboratory session has any formal assessment item(s) associated with it, these must be completed even if you have an acceptable reason for non-attendance of that class. It is the student's responsibility to seek out the course coordinator, at their earliest convenience, to ascertain how they will meet the learning objectives. Failure to satisfactorily complete the tutorial/laboratory work and any associated assessment items may severely impede your chances of meeting the learning outcomes of this course. You will need to wear closed shoes that comply with the USC Health and Safety Policies to any clinical practice laboratory sessions. Your clinical placement may have specific requirements, and information will be provided during your placement orientation. USC uniform as outlined on blackboard is to be worn on placement

## 9. How are risks managed in this course?

Health and safety risks for this course have been assessed as low. It is your responsibility to review course material, search online, discuss with lecturers and peers and understand the health and safety risks associated with your specific course of study and to familiarise yourself with the University's general health and safety principles by reviewing the [online induction training for students](#), and following the instructions of the University staff.

## 10. What administrative information is relevant to this course?

### 10.1. Assessment: Academic Integrity

Academic integrity is the ethical standard of university participation. It ensures that students graduate as a result of proving they are competent in their discipline. This is integral in maintaining the value of academic qualifications. Each industry has expectations and standards of the skills and knowledge within that discipline and these are reflected in assessment.

Academic integrity means that you do not engage in any activity that is considered to be academic fraud; including plagiarism, collusion or outsourcing any part of any assessment item to any other person. You are expected to be honest and ethical by completing all work yourself and indicating in your work which ideas and information were developed by you and which were taken from others. You cannot provide your assessment work to others. You are also expected to provide evidence of wide and critical reading, usually by using appropriate academic references.

In order to minimise incidents of academic fraud, this course may require that some of its assessment tasks, when submitted to Blackboard, are electronically checked through SafeAssign. This software allows for text comparisons to be made between your submitted assessment item and all other work that SafeAssign has access to.

## 10.2. Assessment: Additional Requirements

### Eligibility for Supplementary Assessment

Your eligibility for supplementary assessment in a course is dependent of the following conditions applying:

The final mark is in the percentage range 47% to 49.4%

The course is graded using the Standard Grading scale

You have not failed an assessment task in the course due to academic misconduct

## 10.3. Assessment: Submission penalties

Late submission of assessment tasks may be penalised at the following maximum rate:

- 5% (of the assessment task's identified value) per day for the first two days from the date identified as the due date for the assessment task.

- 10% (of the assessment task's identified value) for the third day - 20% (of the assessment task's identified value) for the fourth day and subsequent days up to and including seven days from the date identified as the due date for the assessment task.

- A result of zero is awarded for an assessment task submitted after seven days from the date identified as the due date for the assessment task. Weekdays and weekends are included in the calculation of days late. To request an extension you must contact your course coordinator to negotiate an outcome.

## 10.4. Study help

For help with course-specific advice, for example what information to include in your assessment, you should first contact your tutor, then your course coordinator, if needed.

If you require additional assistance, the Learning Advisers are trained professionals who are ready to help you develop a wide range of academic skills. Visit the [Learning Advisers](#) web page for more information, or contact Student Central for further assistance: +61 7 5430 2890 or [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au).

## 10.5. Wellbeing Services

Student Wellbeing provide free and confidential counselling on a wide range of personal, academic, social and psychological matters, to foster positive mental health and wellbeing for your academic success.

To book a confidential appointment go to [Student Hub](#), email [studentwellbeing@usc.edu.au](mailto:studentwellbeing@usc.edu.au) or call 07 5430 1226.

## 10.6. AccessAbility Services

Ability Advisers ensure equal access to all aspects of university life. If your studies are affected by a disability, learning disorder mental health issue, injury or illness, or you are a primary carer for someone with a disability or who is considered frail and aged, [AccessAbility Services](#) can provide access to appropriate reasonable adjustments and practical advice about the support and facilities available to you throughout the University.

To book a confidential appointment go to [Student Hub](#), email [AccessAbility@usc.edu.au](mailto:AccessAbility@usc.edu.au) or call 07 5430 2890.

## 10.7. Links to relevant University policy and procedures

For more information on Academic Learning & Teaching categories including:

- Assessment: Courses and Coursework Programs
- Review of Assessment and Final Grades
- Supplementary Assessment
- Administration of Central Examinations
- Deferred Examinations
- Student Academic Misconduct
- Students with a Disability

Visit the USC website: <http://www.usc.edu.au/explore/policies-and-procedures#academic-learning-and-teaching>

## 10.8. General Enquiries

### In person:

- **USC Sunshine Coast** - Student Central, Ground Floor, Building C, 90 Sippy Downs Drive, Sippy Downs
- **USC Moreton Bay** - Service Centre, Ground Floor, Foundation Building, Gympie Road, Petrie
- **USC SouthBank** - Student Central, Building A4 (SW1), 52 Merivale Street, South Brisbane
- **USC Gympie** - Student Central, 71 Cartwright Road, Gympie
- **USC Fraser Coast** - Student Central, Student Central, Building A, 161 Old Maryborough Rd, Hervey Bay
- **USC Caboolture** - Student Central, Level 1 Building J, Cnr Manley and Tallon Street, Caboolture

**Tel:** +61 7 5430 2890

**Email:** [studentcentral@usc.edu.au](mailto:studentcentral@usc.edu.au)